### **NOURISHING COMMUNITIES WITH FOOD AND CONVERSATION**



# **School Volunteer**

#### About the role

As a Volunteer at a school which is currently based in London, you'll be playing a vital part in making sure families attending receive a delicious hot meal, depending on which role you would like to try your responsibilities will include;

As a Cooking Volunteer

- · Receiving surplus food and together with your team deciding on what to cook
- · Getting creative with recipe ideas using unknown ingredients
- Cooking for large numbers and making nutritionally balanced meals

#### As a Hosting Volunteer

- Setting up the dining hall to create a welcoming environment
- Making teas and coffees and serving food to families
- Running front-of-house and ensuring children and families have a great time and come back week after week

Both roles will end the session with dishes and cleaning up (a group effort!) so the space is ready for the school the next day. You don't need to have any previous experience – you just need to get stuck in!

#### About FoodCycle

Week in, week out we nourish the hungry and lonely in our communities with delicious meals and great conversation, using food which would otherwise go to waste.

#### FoodCycle aims to:

- Connect communities
- · Support mental health and wellbeing
- Nourish the hungry
- Promote sustainability
- Inspire change

## Skills you'll learn

- Teamwork: you'll work as part of a team to prep the venue, serve a delicious meal, and clear up afterwards.
- Relationship building: you'll build lasting relationships with guests, ensuring they come back each week.
- Hosting: you'll support front of house duties, serving food and demonstrating good customer service skills.
- Cooking: Learn how to cater for large numbers and make nutritionally balanced meals.

#### What to expect from FoodCycle

- Ongoing support and advice from a FoodCycle staff member.
- Expenses, including mileage, covered in line with our volunteer policy.
- Free online training modules, including first aid awareness and food allergens.
- The opportunity to take on additional tasks/responsibilities.
- Impressive skills to add to your CV and a reference if/when you need it.
- The opportunity to meet a large network of like-minded people.
- A fun, creative volunteer experience within a community-led Project.
- We are an equal opportunity organisation and welcome volunteers with diverse abilities.

#### What's expected from me

- Have bags of enthusiasm!
- Follow all FoodCycle policies and procedures including the volunteer agreement
- Follow all training you receive when registering with us.
- Support FoodCycle to fulfil its mission of nourishing communities with food and conversation.
- Bringing a form of Identification to the session so we can verify your identity (Passport/Photo ID)

Please note: you must not be barred from working with children and adults who may be vulnerable and at risk of abuse or neglect.

#### Time commitment

Give as much as you feel! It's easy to volunteer with FoodCycle and we don't look for minimum commitments, but we love it if you keep coming back! An average slot is 4 hours.

## To apply

Register to volunteer here <a href="https://volunteer.foodcycle.org.uk/volunteer-sign-up">https://volunteer.foodcycle.org.uk/volunteer-sign-up</a> then sign up to a slot online.

### Safeguarding statement

Safeguarding is everyone's business – FoodCycle is committed to safeguarding and promoting the welfare / wellbeing of children, young people and adults at risk. Itexpects all staff and volunteers to share this commitment.











