



Volunteer Trainer

About the role

As a Volunteer Trainer you'll help FoodCycle staff to deliver key training to other FoodCycle volunteers, either remotely or in-person. Current training session options are listed below:

- Check-in and Chat safeguarding
- Project Leader safeguarding
- Conflict Management
- Nutrition

You don't need to have any previous experience – you just need to be confident speaking to and motivating people!

About FoodCycle

Week in, week out we nourish the hungry and lonely in our communities with delicious meals and great conversation, using food which would otherwise go to waste.

FoodCycle aims to:

- Connect communities
- Support mental health and wellbeing
- Nourish the hungry
- Promote sustainability
- Inspire change

Skills you'll learn

- ✓ **Speaking:** you'll deliver key information using appropriate language, tone and gesture.
- ✓ **Leadership:** you'll be the authority on your training topic, confidently leading learners to increase their knowledge and understanding.
- ✓ **Staying positive:** you'll encourage and motivate learners, communicating sometimes challenging training topics with clarity and enthusiasm.
- ✓ **Problem solving:** you'll stay calm and find solutions when things don't go to plan, such as encountering technical issues with remote training.

What to expect from FoodCycle

- ✓ Regular support and advice from FoodCycle staff.
- ✓ Expenses covered in line with our volunteer policy.
- ✓ A variety of training opportunities provided throughout the year.
- ✓ Regional events where you can meet other volunteers, share ideas and discuss plans.
- ✓ Impressive skills to add to your CV and a reference if/when you need it.
- ✓ The opportunity to meet a large network of like-minded people.
- ✓ A fun, creative volunteer experience with ownership over a community-led Project.
- ✓ We are an [equal opportunity organisation](#) and welcome volunteers with diverse abilities.

What's expected from me

We hope that Volunteer Trainers stay with us for a minimum of 6 months, to enable them to get the most out of the role. As a Volunteer Trainer, you will be expected to:

- ✓ Have access to a laptop, internet and be confident sharing your screen as well as keeping your camera on.
- ✓ Attend the training session that you will be delivering, as a learner.
- ✓ Complete all training required for the role, including FoodCycle's 'Training for Trainers'.
- ✓ Be confident presenting/speaking to groups of people, have good communication skills, and enjoy sharing your knowledge/experience.
- ✓ Deliver a minimum of one training session once a month.
- ✓ Attend regular meetings with a designated FoodCycle staff member, to check how things are going.
- ✓ Follow all FoodCycle policies and procedures, including reporting any accidents and incidents.
- ✓ Recognise, respond to, and report any safeguarding issues or concerns. *Note: you must not be barred from working with children and adults who may be vulnerable and at risk of abuse or neglect.*

Time commitment

The suggested minimum time commitment for this role is 3 hours a month.

To apply

Visit to complete <https://volunteer.foodcycle.org.uk/plsecondaryroles> our Additional Role application form.

Safeguarding statement

Safeguarding is everyone's business – FoodCycle is committed to safeguarding and promoting the welfare / wellbeing of children, young people and adults at risk. It expects all staff and volunteers to share this commitment.

